

How to Get There.....

Take Exit 22 off Highway 1 in North Vancouver. You will find the LSCR entrance approximately 2km north of Capilano College on Lillooet Road.



In Case of **Emergency** Call:
911

Greater Vancouver Regional District
4330 Kingsway
Burnaby, BC
V5H 4G8
(604) 432-6286

Internet: <http://www.gvrd.bc.ca>

Lower Seymour Conservation Reserve



The GVRD invites you to explore the LSCR and learn more about its resources and activities:

Water and Watershed Management
Recreational Opportunities
Educational Programs
Forestry Management
Ecology
Wildlife & Fish Conservation

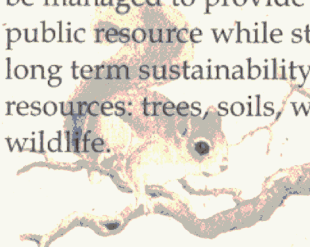
Welcome to the Lower Seymour
Conservation Reserve.



The LSCR is a working forest located just minutes from downtown Vancouver. It is a popular recreation destination for cycling, hiking, in-line skating and a variety of other outdoor activities. The diverse landscape of alpine meadows, forested slopes and river floodplain is typical of the coastal forests of southwestern British Columbia and provides spectacular views year round.



Formerly known as the Seymour Demonstration Forest, this land was once part of the Greater Vancouver Water District's closed watershed lands. The area was opened to the public in 1987 to provide educational and recreational opportunities to all. Although this area is not currently being used for water supply, the land houses water infrastructure and is being carefully managed for future water use. The LSCR is an example of how a forest can be managed to provide an important public resource while still ensuring the long term sustainability of its natural resources: trees, soils, water, fish and wildlife.



General Information

LSCR Hours

Open seven days a week during daylight hours. Please check gate closing times posted at the parking area and entrance gates.



Trailway Opening

The new Seymour Valley Trailway opened to the public as of November, 2001. This trail parallels the old mainline road which is now **CLOSED** to all public in order to facilitate ongoing capitol construction projects throughout the LSCR. Pathway traffic will be restricted to maintenance vehicles.



Camping/Camp Fires

No camping or campfires are permitted in the LSCR. Please report any fires to Rice Lake Gate.



For Your Safety

The LSCR is mountainous, has dangerous terrain and is subject to abrupt weather changes. Dress accordingly, look for hazards and hike or cycle with a friend.



Wildlife

Approaching, feeding or attempting to pet any species of wildlife will endanger their lives and yours. Please refrain from this behavior.



Filming

Filming of TV shows and movies is ongoing in the LSCR. Vehicle traffic associated with production is restricted to weekday activity in specific locations.



Learning Lodge

The LSCR Learning Lodge is available for rent throughout the year. Please call 604-432-6450 for information.



Points of Interest



Douglas Mowat Fisheries Project

This project provides excellent wheelchair access to the Rice Lake wharves, trails and outhouses. Drive-in access is available, please check at Rice Lake Gatehouse.

Mid Valley Viewpoint

A short walk down Hydraulic Trail will bring you to this beautiful view of the Seymour Valley. Picnic tables & washrooms present.



Butterfly Garden

Hydraulic Trail will lead you to this garden where volunteers, George Paclawsky & Ian Lain, ensure the butterfly attracting flora they have carefully planted are well maintained.

Old Growth Trail

Located 10km up the valley, this self-guided interpretative trail takes you through a spectacular old growth stand along the edge of the Seymour River.



Seymour River Fish Hatchery

This Hatchery enhances the Seymour River with salmon and trout. Public are welcome to visit the hatchery from 8am to 3pm. For further information check out their website at www.seymoursalmon.com.



Seymour Falls Dam

Located 11km north of Rice Lake gate and built in 1961, this reservoir supplies 40% of the Lower Mainland's drinking water.



Fisheries Enhancement

Four fisheries enhancement projects have been completed in the LSCR adding valuable spawning and rearing habitat to the Seymour River system.



Check out the map inside for the locations of these interesting stops...

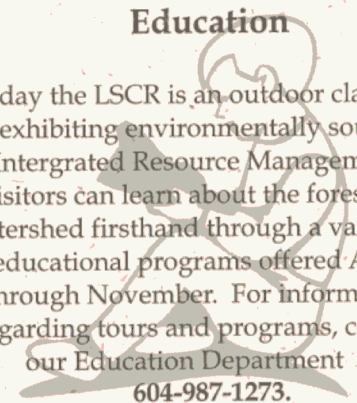
History

The Seymour River has been used as a domestic water supply since 1908. Logging, goldmining, hunting, fishing and farming were also extensive in the Seymour Valley at the turn of the century. In fact, about two thirds of the LSCR is second growth forest. In more recent years the GVRD has practised a variety of forest management activities including planting, spacing and pruning to help improve the health of these cut areas. Look for evidence and interpretive signs explaining these historical activities throughout the LSCR. *Can you find the wooden pipelines, water intake structures, remnants of homesteads and corduroy logging roads hiding in the forest?*


















Education

Today the LSCR is an outdoor classroom exhibiting environmentally sound Integrated Resource Management. Visitors can learn about the forest and watershed firsthand through a variety of educational programs offered April through November. For information regarding tours and programs, contact our Education Department at 604-987-1273.



LEGEND

- | | |
|--|---|
|  Service Road |  Picnic Area |
|  Multi-Use Trail |  Parking |
|  Hiking Only Trail |  Drinking Water |
|  Information |  Learning Lodge |
|  Payphone |  Wheelchair Access |
|  Washrooms |  Fishing |
|  Butterfly Garden |  Bus Stop |
| |  Viewpoint |

This route closed to the public



The Lower Seymour Conservation Reserve is used by a variety of user groups. Please be courteous to other visitors.



Cycling is permitted throughout the forest **with the exception of** the Rice Lake Loop Trail, Homestead Trail and the Old Growth Trail. Bikes must be walked along these routes due to limited visibility & steep slopes.



Dogs are **not permitted** North of Rice Lake Gate House. This includes the Seymour Valley Trailway and the Rice Lake Loop Trail. Dogs are permitted on designated trails. Please keep your dog under control and remove droppings. See dog brochure for more trail information.



Horses are **not permitted** North of Rice Lake Gate House. Horses are permitted on the same trails that are open to dogs, and have the right-of-way over pedestrians and cyclists.

